





## JANUARY 2025

At Chat Central, you will find a friendly place to:

- Make connections
- Try something new
- Get active
- Chill and watch
- Chat, share and support
- Meet up and socialise
- Get into volunteering
- Walk and explore Coventry We offer up to 20 sessions to Coventry residents aged over 18.

SUNDAY 19TH JANUARY 3:30 - 6:30PM LANTERN LIT WASSAIL

#### PARADE

HOSTED BY THE POD AND FLAWED MANDRAKE THEATRE

THE POD FOOD UNION



WALK THROUGH THE PARK TO THE ALLOTMENT, LIT BY LANTERNS AND ACCOMPANIED BY MUSIC TO WARD OFF EVIL SPIRITS AND BLESS THE TREES IN HOPE OF A BOUNTIFUL HARVEST.

STARTS AT LAKE VIEW PARK (CV5 8GS) ENDS AT FOOD UNION ALLOTMENT (CV5 8DH)

MEET AT THE CORNER OF FOUR POUNDS AVE AND LAKE VIEW ROAD AT 3:30PM FREE EVENT \*SMALL CHARGE FOR FOOD (OPTIONAL, CASH ONLY)

#### Tuesday

#### **21st National Trust Volunteer Recruitment at Charterhouse** 10:00am - 12:30pm



Meet at 10:00am at the steps to the new Cathedral (CV1 5AB) and walk to Charterhouse (20 mins) and find out about volunteering opportunities.

### Wednesdays

#### 22nd Wellbeing Wednesday

Holbrooks Library, 115 Holbrook Lane, CV6 4DE 12:00 - 1:00pm Chair yoga 1:00 - 2:00pm Creative writing FREE

#### 29th Wellbeing Event

11:00am - 1:00pm Central Library, Smithford Way, CV1 1FY

FREE

#### Thursday

# 23rd Nature Crafts with Sherbourne Valley Project

10:30am - 12:30pm War Memorial Park Visitors Centre, CV3 6GJ FREE \*Book your free place with Chat Central by Friday 17th January



CHATCENTRAL@VACOVENTRY.ORG.UK